



Kidney Nutrition Referral The Fearless Fork

Understanding how food impacts chronic kidney disease is an important step to slow progression of the disease and prevent complications. Nutrition counseling and support has been shown to contribute to better outcomes.

Dietitian support includes not only teaching you what foods are best for chronic kidney disease, but how to fit those foods into your life. Marybeth, renal dietitian, develops an individualized approach specifically designed to help you maximize your health through diet.

Consultations are covered by Medicare and most major insurance plans. **An MD or DO referral is required for those with Medicare B.** For more information please call or visit www.thefearlessfork.com

Marybeth will contact you to set up a time to meet which can be done in person or virtually through telehealth from the convenience of your home.

Phone:

207-752-2341

Fax:

855-752-0261

Registered Dietitian Appointment Request

Patient Name: _____ DOB: _____

Patient Phone#: _____

Diagnosis (ICD-10) N18.2 N18.31 N18.32 N18.4 N18.5

Other ICD-10 Diagnosis: _____

Referring Physician Name: _____

Physician Signature: _____

Please fax request to: 855-752-0261

Marybeth Judy MS, RDN, CSR, LD

Ph: 207-752-2341

(Please include face sheet, insurance information, recent labs, and most recent clinic note)
